AUSTIN CITY LIMITS LIVE at the
MOODY THEATER
2020 Technical Information
VENUE INFORMATION

AUSTIN CITY LIMITS LIVE
BOX OFFICE-MAIN ENTRANCE
310 W. Willie Nelson Blvd
Austin, TX 78701
P: (512) 225-7999
F: (512) 404-1399
acl-live.com

ARTIST ENTRANCE / TRUCKS LOADING DOCK ADDRESS
AUSTIN CITY LIMITS LIVE
311 West 3rd St
Austin, TX 78701-3935
Dock Master: (512) 542-3654
Security: (512) 542-3611

W HOTEL AUSTIN- CONNECTED TO ACL LIVE
For ACL-LIVE rate contact:
Niko Masalas
W Sales Executive
Niko.Masalas@whotels.com
T 512-542-3646 / F 512.542.3625

200 Lavaca St
Austin, TX 78701
Main: (512) 542-3600
Guest Fax: (512) 542-3605
P: (512) 542-3656
F: (512) 542-3625

Visiting Production
(512) 457-5560
F: (512) 457-5555
Dressing Rm 1 (512) 457-5591
Dressing Rm 2 (512) 457-5590
Dressing Rm 3 (512) 457-5593
Dressing Rm 4 (512) 457-5592
Colleen Fischer, General Manager | Director Of Booking
(512) 404-1302 | cfischer@acl-live.com

Jack McFadden, Senior Talent Buyer
(512) 404-1306 | jmcfadden@acl-live.com

Gary Rushworth, Assistant General Manager/ Director of Operations
(512) 404-1323 | grushworth@acl-live.com

Shelby Voss Covington, Executive Assistant Colleen Fischer
(512) 404-1307 | SCovington@acl-live.com

Amy Copeland, Accounting Manager | Settlement
(512) 479-3407 | acopeland@acl-live.com

Samantha Garrett, Senior Staff Accountant | Settlement
(512) 479-3433 | sgarrett@acl-live.com

Kaitlin Bouzek, Director of Marketing & Communications
(512) 404-1308 | kbouzek@acl-live.com

Whitney LeMond, Media & Communications Manager
(512) 404-1304 | wlemond@acl-live.com

Karola Thurman, Director of Ticketing
(512) 404-1311 | kthurman@acl-live.com

Shari Hickey, Assistant Director of Ticketing
(512) 404-1319 | shickey@acl-live.com

Arthur “A.D.” Dungan, FOH Operations Manager
(512) 404-1312, c (512) 300-9697 | adungan@acl-live.com

Ed Bailey, VP Brand Development
(512) 404-1310 | ebailey@acl-live.com

Kelly Mosser, Business Development | Premium Seating | Festivals
(512) 404-1309 | kmosser@acl-live.com

Michaelyne Escobar, Director of Private Events
(512) 404-1318, c (512) 565-1177 | mescobar@acl-live.com
John Wheatley, Director of Production - Technical Director
(512) 404-1313, c (512) 415-0007 | jwheatley@acl-live.com

Pete Aramburo, Production Manager
(512) 404-1303, c (956) 492-8020 | paramburo@acl-live.com

Jenn Walker, Director of Private Events Production
(512) 404-1326, c (512) 825-9690 | jwalker@acl-live.com

Don Pennington, Private Event Producer
P (512) 404-1325 C (512) 787-2797 | dpennington@acl-live.com

Hallie Williams, Private Event Producer
P (512) 404-1322 C (512) 550-5507 | hwilliams@acl-live.com

Haley Woolford, Private Event Producer
P (512) 404-1329 C (818) 437-3404 | hwoolford@acl-live.com

Brittany Strumpf, Hospitality Manager
(704) 890-0840 | lbstrumpf@gmail.com

Alison Windler, Hospitality Manager
(512) 791-4825 | nosila78@gmail.com

Roy Kircher, In-House Audio Technician (BIG HOUSE SOUND, INC.)
(512) 443-0019, c (512) 415-4680 | roy@bighousesound.com

Bryan Schrumpf, House Lighting Director (GOSHOWPRO, INC.)
C (337) 302-6252 | bryans@goshowpro.com

Gene Burkett, Head of Security ACL-LIVE
C (817) 233-0909 | jerrygburkett@yahoo.com

Ron Baca, Steward – Stage Manager (NRG Stagehands)
C (505) 401-5823 | rbacanrg@gmail.com

Sue Rubin, Merchandise Seller
C (281) 443-6790 | sринsight@aol.com
PRODUCTION SUMMARY
Lighting package includes the newest in High End Systems innovative optics, automated luminaries & digital control consoles.
Sound package includes d&b V-series Compact line Array with d&b Line Array Processing (AP) and d&b J series subs
Stage is configurable in 4’ x 8’ increments.
Stage is adjustable in height from 3’ to 4.5’
Standard Stage sizes:
48’ x 32’ ; 40’ x 28 ; 32’ x 24 and 24’ x 20
Stage decks are reversible with a Black Poly Trac finish or can be reversed with a light grey carpet top

SEATING CAPACITIES
● Venue Capacity - Seated 2100+; with G.A. floor 2500+
● Stage Level- Seated 700+ ; with G.A. floor 1200+
● Mezzanine- 334 fixed+100 Standing (including 14 ADA wheelchair)
● Private viewing seats are available on this level.
● Balcony- 1112 fixed (including 10 ADA wheelchair)
● Balcony section can be blacked out with house curtains if not used.
● All fixed seats have armrests with drink holders.

MISC OPTIONS
● ACL-Live offers full video & recording studio and equipment.
● Outside Terrace - 46’ x 54’ space is available for outdoor events.
● Arena Style - 110’ x 90’ open space (with no stage)
LOAD IN
Loading Dock has three sloped bays that are large enough to accommodate 2 semi’s & 1 bobtail. Trucks will unload on dock with approximately a 15’ push to a 10 ‘x 21 ‘x 10’ freight elevator with a 10,000 lb. capacity. Stage Level is one floor up. Equipment will have a short push & ramp up to stage.
Note: Since we share loading dock with the W hotel, we can only use one dock at a time, trucks cannot remain in the bay. All trucks must unload and park at another location. TBD per advance.

TOUR BUS PARKING
• Tour Buses are not permitted in Loading Dock
• We will arrange tour bus parking on street just outside loading dock (permitted meters)
  • 1 x 122’ space – no shore power (Buses with trailer)
  • 1 x 56’ space – no shore power (Buses with no trailer)
  • 1 x 56’ space with shore power (Buses with no trailer)
• Any additional bus parking TBD per advance
Note: Since we are a downtown venue, the city of Austin controls all street parking. We will do our best to get the proper permits needed to secure spaces.

DRESSING ROOMS
• Four fully furnished dressing rooms w/ full bath and internet
• Hospitality / Green Room
  Visiting Production
  (512) 457-5560
  F: (512) 457-5555
  Dressing Rm 1 (512) 457-5591
  Dressing Rm 2 (512) 457-5590
  Dressing Rm 3 (512) 457-5593
  Dressing Rm 4 (512) 457-5592
200 Amp 208 Volts Disconnects Upstage Right
Additional power available per advance

Bar Grid System with 10 motorized Trusses
1 x 50’ Motorized upstage pipe for temporary drapery
Additional Rigging points available subject to advance

House Lighting Equipment - Mix Position (35’ from Front of Stage)

(12) - High End SolaSpot Pro 2000 Fixtures
https://www/highend.com/documentation/SolaSpot%20Pro%202000/SSpot%202000%20TDS%207-5-17.pdf

(9) High End SolaSpot Pro 1000 Fixtures
https://www/highend.com/documentation/SolaSpot%20Pro%201000/SSpot%201000%20TDS%207-5-17.pdf

(10) High End SolaHyBeam 1000 Fixtures
https://www/highend.com/documentation/Sola%20HyBeam%201000/SHybeam%201000%20TDS%207-5-17.pdf

(12) High End SolaFrame 750
https://www.highend.com/documentation/SolaFrame750/SolaFrame750-12-12-17.pdf

(3) High End Hex

(4) High End Quad

(4) High End TechnoSpot

(01) - Full Boar 4
http://www.highend.com/products/controllers/FullBoar4Console

(02) - Hog Wing 4
http://www.highend.com/products/controllers/Wholehog3ExpansionWing

(03) - Robert Juliat Victor MSR 1800 W Follow Spots
http://www.robertjuliatamerica.com/ProductsGB/VICTOR

(1) - LEMAITRE HAZEMASTER HAZER

(8) - Assorted Single / Double Muff Station RTS Headset System
http://www.intercomheadsets.com/product

Contact Bryan Schrumpf for lighting details:
c (337) 302-6252 – bryans@goshowpro.com
House console is Full Boar 4 with two playback wings. Le Maitre MVS hazer located in grid. Control network is sACN with ETC nodes.

House Lighting Director:
Bryan Schrumpl
GoShowPro, Inc.
337-362-6252
BryanS@GoShowPro.com

2020 LIGHTING PLOT
FOH – Rack’s & Stacks Specs
Main Speaker System Overview
The main speaker system features d&b audiotechnik V series line array with d&b line array processing (AP) (20) flown d&b V’s for the main left & right arrays (10 per side) and 14 flown d&b V’s for out-fills (7 per side). All arrays include a combination of V8’s and V12’s that are designed to fit the coverage requirements of the room and minimize reflections. All arrays are in d&b CUT mode and individual analog drive lines are provided for each array. All arrays are time alignment.

Main Subwoofer System Overview
The sub woofer system features 6 d&b J SUBS (3 per side) in a standard left/right configuration. The cardioid behavior of the J subs helps to minimize low frequency reflections off the back wall and increase the clarity of the low frequency in the main listening areas. The subs are in standard mode (not INFRA) and an individual driveline is provided for the sub system. The cardioid sub delay times are configured and the entire sub system is delayed to align with the main speaker system.

Front Fill System Overview
There are 6 d&b Q10 loudspeakers placed on the stage for front fills. Three separate delay zones have been configured for these fill speakers. One delay zone includes 2 Q10 speakers located at the center downstage edge. The second delay zone includes 2 Q10 speakers on the offstage left and stage right. The third delay zone includes 2 Q10 speakers offstage left and right aiming toward the sides of the room. A single driveline is provided for the front fill system and all delay times are configured accordingly.

VIP/ Mezzanine/ Lobby Fill System Overview
The VIP/Mezzanine fill system is 24 Meyer UP-4XP Ultra Compact Loudspeakers that are configured in 3 delay zones to properly align with the main speaker system. Delay zone one includes all of the side UP-4XP’s, delay zone two includes all of the corner UP-4XP’s and delay zone three includes all of the rear UP-4XP’s. The Mezzanine fills are sourced from the main left right drive lines. There is a distributed Bose speaker system in the lobbies, lounges and restrooms on all levels with a separate mono drive line provided. All delay times are configured accordingly.

Main Speaker System Amplification and DSP
All Amplification & DSP for the d&b loudspeakers is provided by d&b D12 amplifiers. Meyer Galileo amplification & processing is used for the VIP/ Mezzanine fill system. All DSP settings have been pre configured for optimum performance in the theater. Artist’s engineers are welcome to provide additional DSP if desired. All of the drive lines are analog and are located at FOH (summary below):
• Main LEFT (10 d&b V8 & V12 array)
• Main RIGHT (10 d&b V8 & V12 array)
• Out-fill LEFT (7 d&b V8 & V12 array)
• Out-fill RIGHT (7 d&b V8 & V12 array)
• Subs LEFT & RIGHT (6 d&b J-SUB Cardioid subwoofer)
• FRONT FILLS (6 d&b Q10)
• LOBBY (Bose distributed system)
  Note: “Y” cables are available if console outputs are limited.
Mix Position - 35’ from Downstage edge

Audio Summary – Stage Level
- 1 @ ISO 200 Amp 208 Volts Upstage Left
- 6 @ 20 Amp Stage Power
- 2 @ 30 Amp FOH
- 1 @ 30 Amp MON

Consoles FOH + MON
Console and outboard equipment sourced and provided as per artist advance. Venue does not have a house sound board.

Monitor - Speakers
(12) - Meyer's MJF-212 A with an HP500 drum sub.

Snake Cable
The house snake is a whirlwind 56 input analog split using Lundahl LL 1583 transformers. The primary input panel or “head-box” is located at the stage left wall. There are 3 installed sub-snake panels on the back wall above stage height and additional box to fan out sub-snakes available. In addition there are 6 coax lines + 4 cats from stage left to FOH for use with digital snakes. Three levels of exposed cable trays run the entire venue connecting every location including outdoors for easy access to pull temporary cables (snakes). The entire venue was designed to be able to be reconfigured with the least amount of hassle.

Microphones & Stands
The microphone package includes Shure SM58’s, SM57’s, Beta 52A, Beta98’s, and KSM 137 condensers. There are 4 types of mic stands available – short, med, booms, and regular upright stands. Eight direct boxes both mono and stereo from Radial and Countryman. All of our mic cables are Whirlwind Quad as well as all fan outs to stage boxes are Whirlwind.

Dressing Room Speaker/ CCTV System
All dressing rooms and green rooms contain complete production paging and play back of program from the venue, each room contains one flat screen monitor with AT&T U-Verse as well as channel available all the time from a HD static camera directed at the venue stage.

Acoustical Material
The room acoustics are designed to complement both live concerts and show tapings. Various types of acoustical panels are strategically located throughout the venue to complement the different levels and acoustical properties both close to the stage and in the far seating areas. RPG diffuser blocs are used to diffuse the low frequencies on level two.
MAIN Left + Right Clusters
(18) d&b V8 & V12 series
www.dbaudio.com/en/systems/black-range/v-series/
(06) – d&b J SUBS
www.dbaudio.com/en/systems/black-range/j-series/

MONITORS
(01) - 500-HP Compact High-Power Subwoofer
www.meyersound.com/products/ultraseries/500hp
(12) - MJF-212a High Power Stage Monitor
www.meyersound.com/products/ultraseries/mjf-212a

Under Balcony
(24) - UP-4xp Ultra Compact Loudspeaker
www.meyersound.com/products/ultraseries/up-4xp

Front Fills
(06) – d&b Q10 loudspeakers

FOH Side Seating Fills
(14) – d&b V8 & V 12 series (7 per side)
www.dbaudio.com/en/systems/black-range/v-series/

For details on Audio System, please contact Roy Kircher (Big House Sound)
www.bighousesound.com

Office: (512) 443-0019
Mobile: (512) 415-4680 – roy@bighousesound.com
Fax: (512) 443-0916
Mics
(12) SM58 - (8) SM57 - (7) Beta 98 - (7) Beta 98 Hardware - (1) Beta91 - (2) Beta52
(8) KSM 137 x 8 - (4) Sennheiser e604 - (4) Sennheiser e609 - (2) Sennheiser 421

Direct Input Boxes
(3) Radial JPC DI x 3
(3) Radial Pro DI x 3
(7) Radial Pro D2 x 7

Stands & Cables
(2) 100' XLR x 1
50' XLR (8) purple (8) red (5) black
(80) 25’ XLR
(30) 10’ XLR x 30
(6) Tall Heavy Tripod
(14) Tall Tripod
(10) Medium Tripod
(3) Short Heavy Tripod
(6) Tall Heavy Round Base w/ Boom
(4) Tall Standard Round Base w/ boom
(4) Medium Standard Round Base w/ Boom

Risers
(02) - 8' x 8’, 12” w/ black velour skirt – Carpeted or Black Tech
(02) - 8’ x 8’, 24” w/ black velour skirt – Carpeted or Black Tech
(2) - 8x8x12” rolling risers- Carpet or Black tech

Barricade
120’ MOJO style Barricade, ( in 4’ sections )
Utility Pipe 1: 50’-0” Batten - 1500lbs of live load

Utility Pipe 2: 82’-“ ACL Skyline- 4000lbs total capacity (not used for hanging)

Utility 3: 80’-0” Batten - 2400lbs live load

Truss 1: 40’-0” Truss – 1200# live load
Truss 2: 60’-0” Truss – 1800# live load
Truss 3: 60’-0” Truss – 1800# live load
Truss 4: 60’-0” Truss – 1800# live load
Truss 5 60’-0” Truss – 1800# live load
Truss 6: 60’-0” Truss – 1800# live load
Truss 7: 60’-0” Truss – 1800# live load
Truss 8: 60’-0” Truss – 1800# live load
Truss 9: (SR) 40’-0” Truss – 1200lbs live load
Truss 10: (SL) 40’-0” Truss – 1200lbs live load

**Grid Iron Design Criteria**

2,500 Lb. loads at 5’-0” O.C. in addition to the existing loads. All 2,500 Lb. loads are to be placed 5’-0” away from permanent Loads

Attachment of hoist to grid iron to be engaged with 5’ steel rope Baskets to SCH40 pipes that engage (6) main bearing bars

60 PSF uniform Live Load

Rigging grid is 50’ from floor
Rigging Grid map with upstairs power layout

GRID LEVEL
LEVEL 4.5

SCALE: NON-STANDARD
Balcony Map with lighting truss layout
Parking are bagged meters and requires permit
Permitting will be done by Venue upon advance
Parking Needs on a show by show basis
RESTAURANTS

HEALTHY FOOD

The Soup Peddler
Real Food & Juice Bar
205 W. 3rd St.
Austin, TX 78701
512-444-7687
www.dailyjuice.com

True Food Kitchen
222 West Avenue Suite 100
Austin, TX 78701
512-777-2430
www.truefoodkitchen.com

Flower Child
500 W 2nd Ste 133
Austin, TX 78701
(512) 777-4132
www.flowerchild.com

ITALIAN

La Traviata
314 Congress Avenue Austin, TX 78701-4024 (512) 479-8131

DeSano Pizzeria
Napolitana
301 Lavaca St Ste 200, Austin, TX 78701
(512) 256-2426
www.desanopizza.com

Austin’s Pizza (delivery)
1817 S. Lamar Boulevard
Austin, TX 78704
(512) 445-4455
www.austinspizza.com

Numero28
453 W. 2nd
Austin, TX 78701
512-494-5510
www.numero28.com

AMERICAN

Jo’s Diner
242 W 2nd St
Austin, TX 78701
512-469-9003
www.joscoffee.com

Trace, The W Austin Hotel
200 Lavaca St
Austin, TX 78701
(512) 542-3600
www.traceaustin.com

STEAK / SEAFOOD

Bob’s Steak House
301 Lavaca St
Austin, TX 78701
512-222-2627
www.bobs-steinandchop.com

Ruth’s Chris Steak House
107 West 6th Street Austin, TX 78701 (512) 477-7884
www.ruthschris-austin.com

Eddie V’s Prime Seafood
301 East 5th Street Austin, TX 78701
(512) 472-1860
www.eddiev.com

BAR-B-Q

Coopers
217 Congress Ave
Austin, TX 78701
512-474-4227
www.coopersbbq.com

Lamberts Downtown Barbecue
401 West 2nd St
Austin, TX 78701
(512) 494-1500
www.lambertsaustin.com

Franklin Barbecue
900 E 11th St
Austin, TX 78701
(512) 494-1500
www.franklinbarbecue.com

Terry Black’s Barbecue
1003 Barton Springs Rd,
Austin, TX 78704
(512) 394-5899
www.terryblacksbbq.com
24 HOUR RESTAURANTS
Kerbey Lane
2606 Guadalupe Street
Austin, TX 78705
(512) 477-3717
www.kerbeylanecafe.com

Magnolia Café
1920 S. Congress Ave.
Austin, Tx 78704
(512) 445-0000
www.themagnoliacafe.com

THAI
Madam Mam’s
2514 Guadalupe St
Austin, TX 78705
(512) 472-8306
www.madammam.com

Mai Thai Restaurant
207 San Jacinto Blvd #201,
Austin, TX 78701 ·
(512) 482-8244
www.maithaiaustin.com

JAPANESE / SUSHI
Uchi Austin (fine dining)
801 South Lamar Boulevard
Austin, TX 78704
(512) 916-4808
www.uchiaustin.com

Maiko
311 West 6th Street
Austin, TX 78701-2915
(512) 236-9888
www.maiko.com

RESTAURANTS, BARS & RETAIL SHOPS

BARS/PUBS
Secret Bar,
The W Hotel
200 Lavaca St
Austin, TX 78701
(512) 542-3600
www.whotelaustin.com

Cru Wine Bar
238 W 2nd St Unit 13
Austin, TX 78701
(512) 472-9463
www.cruwinebar.com

She’s Not Here
440 W 2nd St,
Austin, TX 78701
(512) 888-1970
www.snhaustin.com

Upstairs Circus ATX
234 W 2nd St,
Austin, TX 78701
(512) 559-7571
www.upstairscircus.com

Oilcan Harry’s
211 W 4th St
Austin, Tx 78701
512-320-8823
www.oilcanharrys.com

Lavaca Street Bar
405 Lavaca St
Austin, TX 78701
(512) 469-0106
www.lavacastreet.com

RETAIL SHOPS
Urban Outfitters
320 W. 2nd St.
Block 21
Austin, TX 78701
(512) 499-0006
www.urbanoutfitters.com

Austin Rocks
301 W 2nd St
Austin, TX 78701
512-983-0929
www.austinrockstexas.com

Toy Joy
403 W 2nd St,
Austin, TX 78701
(512) 320-0090
www.toyjoy.com

League of Rebels
Menswear
411 W 2nd St,
Austin, TX 78701
www.leagueofrebels.com

Austin MacWorks
450 W 2nd St,
Austin, TX 78701
(512) 476-7000
www.austinmacworks.com

Mercury Design Studio
225 W 2nd St
Austin, TX 78701
(512) 236-0100
www.mercurydesignstudio.com
HOTELS

W Austin
200 Lavaca Street
Austin, TX 78701
512-542-3600
www.whotels.com/austin

Four Seasons
98 San Jacinto Boulevard
Austin, TX 78701
512-478-4500
www.fourseasons.com/austin

JW Marriott
110 E 2nd St
Austin, TX 78701
512-474-4777
www.marriott.austin.com

Hyatt
208 Barton Springs
Austin, TX 78704
(512) 477-1234
www.austin.hyatt.com

Radisson
111 East Cesar Chavez Street
Austin, TX 78701
(512) 478-9611
www.radisson.com/austin

InterContinental
701 Congress Avenue
Austin, TX 78701
(512) 457-8800
www.Austin.intercontinental.com

Omni Hotel
700 San Jacinto at 8th Street
Austin, Texas 78701
(512) 476-3700
www.omnihotels.com

AIRPORT

Austin-Bergstrom
International Airport
3600 Presidential Blvd.
Austin, TX 78719
512-530-2242

LIMO SERVICE

Carey Of Austin Limo Service
4402 Nixon Ln
Austin, TX 78725
www.carey.com

Lux Limo
111 Congress Ave
Austin, TX 78701
(512) 215-4971
www.theluxlimo.com

Quicklivery
Airport Transportation Service
406 W 17th St,
Austin, TX 78701
(617) 833-2333
www.quicklivery.net

CAR & VAN RENTAL

DOWNTOWN

Longhorn Rentals
4812 N Interstate 35 Frontage Rd
Austin, TX 78751
512-452-1773
www.longhornrentals.com

Enterprise
1201 West 5th Street
Austin, TX 78703
(512) 476-2300
www.enterprise.com

Hertz
709 E 10th
Austin, TX 78703
(512) 457-1583
www.hertz.com

TAXI & RIDE SHARE

Yellow Cab
10630 Joseph Clayton Dr.
Austin, TX 78753
512-452-9999
www.yellowcabaustin.com

RideAustin
1203 W 5th St,
Austin, TX 78703
(512) 394-7413
www.rideaustin.com
**GROCERY**

**Whole Foods**  
525 North Lamar Boulevard  
Austin, TX 78703  
512-476-1206  
www.wholefoodsmarket.com

**Royal Blue Grocery**  
247 West 3rd Street  
Austin, TX 78701  
512-499-3993  
www.royalbluegrocery.com

**HEB**  
2400 S Congress  
Austin, TX 78704  
512-442-2354  
www.heb.com

**Trader Joe's**  
211 Walter Seaholm Dr #100,  
Austin, TX 78701  
(512) 474-2263  
www.traderjoes.com

**BEER, WINE, SPIRIT**

**The Austin Wine Merchant**  
512 W 6th St,  
Austin, TX 78701  
(512) 499-0512  
www.theaustinwinemerchant.com

**Urban Wine & Liquor**  
200 Congress Ave  
Austin, TX 78701  
(512) 480-9463  
www.urbanwineliq.com

**HEALTH CLUBS**

**Austin Away Spa**  
W Austin  
200 Lavaca St  
Austin, TX 78701  
(512) 522-4FIT  
www.invidiafitness.com

**Gold’s Gym**  
101 West 6th Street  
Austin, TX 78701  
512-479-0044  
www.goldsgym.com

**YMCA**  
1100 West Cesar Chavez Street  
Austin, TX 78703-4603  
512-476-6705  
www.austinymca.org

**RIDE Indoor Cycling**  
117 Lavaca St,  
Austin, TX 78701  
(512) 322-5252  
www.ride-indoorcycling.com

**SPA / MASSAGE**

**Austin Away Spa**  
The W Hotel  
200 Lavaca St  
Austin, TX 78701  
(512) 542-3626  
www.austinawayspa.com

**Milk & Honey Day Spa**  
204 Colorado Street  
Austin, TX 78701  
(512) 236-1115  
www.milkandhoneyspa.com

**HOSPITAL / 24 HR**

**St. David’s Hospital**  
919 East 32nd Street  
Austin, TX 78705  
(512) 476-7111

**Brackenridge Hospital**  
601 East 15th Street  
Austin, TX 78701-1996  
Get Directions  
(512) 324-7000

**DOCTOR / E.M.S**

**Backstage Medical**  
Dr. Robert A. Mitchell  
Dr. Cindy Mitchell  
rockdocs@yahoo.com  
ckmitchell@austin.rr.com  
512-288-3300

**South West Emergency Action Team**  
3267 Bee Caves Rd Ste 107-317,  
Austin, TX 78746  
(512) 457-8888  
www.sweatinc.com